

	Day	Date	HDNA Junior Rep Teams 12 / 13 / 14	HDNA Senior Rep Teams 15 / 16 / 17	HDNA Elite Premier League (EPL) Teams	Events
February	Wednesday	2-Feb-22	Squad & Development Training			EPL Competition Dates - TBC
	Sunday	6-Feb-22		Strength & Fitness		Somerset College
	Wednesday	9-Feb-22	Squad & Development Training			
	Friday	11-Feb-22	Teams Announced 12/13/14's and 15/16/17's			
	Sunday	13-Feb-22		Strength & Fitness		
	Wednesday	16-Feb-22	Team Training			
	Saturday	19-Feb-22			Trials 4-8pm	EPL Trials @ Somerset College 4-8pm
	Sunday	20-Feb-22	Bonding Session @ Tallebudgera - All Teams			
	Wednesday	23-Feb-22	Team Training			
	Friday	25-Feb-22				Round Robin Competition 6pm @ HDNA
	Saturday	26-Feb-22			Trials 4-8pm	EPL Trials @ Somerset College 4-8pm
	Sunday	27-Feb-22		Strength & Fitness		
March	Wednesday	2-Mar-22	Team Training			
	Friday	4-Mar-22				Round Robin Competition 6pm @ NGCNA
	Sunday	6-Mar-22	Strength & Fitness	Strength & Fitness		
	Wednesday	9-Mar-22	Team Training			
	Sunday	12-Mar-22	Strength & Fitness	Strength & Fitness		
	Friday	11-Mar-22				Round Robin Competition 6pm @ Jimboomba
	Saturday	12-Mar-22	Senior Twilight Rep Carnival @ Downey Park			
	Wednesday	16-Mar-22	Team Training			
	Friday	18-Mar-22				Round Robin Competition 6pm @ SCNA
	Sunday	20-Mar-22	Redlands Rep Carnival	Strength & Fitness		Junior Rep Teams only Carnival @ Redlands
	Wednesday	23-Mar-22	Team Training			
	Friday	25-Mar-22				Round Robin Competition 6pm @ South Coast
	Sunday	27-Mar-22	HDNA Senior Representative Carnival (15-17 years)			
	Wednesday	30-Mar-22	Team Training			
April	Sunday	3-Apr-22	NO TRAINING - Easter & School Holidays			
	Wednesday	6-Apr-22	NO TRAINING - Easter & School Holidays			
	Sunday	10-Apr-22	NO TRAINING - Easter & School Holidays			
	Wednesday	13-Apr-22	NO TRAINING - Easter & School Holidays			
	Sunday	17-Apr-22	NO TRAINING - Easter & School Holidays			
	Wednesday	20-Apr-22	Team Training			
	Sunday	24-Apr-22	Strength & Fitness	Strength & Fitness		
	Wednesday	27-Apr-22	Team Training			
	Friday	29-Apr-22	NQ Senior State Age Championships 30 April - 2 May			
Hart Sapphire Series - 29 April - 31 July						
May	Wednesday	4-May-22	Team Training			
	Sunday	8-May-22	Strength & Fitness			
	Tuesday	10-May-22			EPL Training	
	Wednesday	11-May-22	Team Training			
	Friday	13-May-22			EPL Games	
	Sunday	15-May-22	HDNA Junior Representative Carnival (12-14 years)			
	Tuesday	17-May-22			EPL Training & 15yrs Trials	
	Wednesday	18-May-22	Team Training			
	Friday	20-May-22			EPL Games	
	Sunday	22-May-22	Strength & Fitness		15yrs team announced	
	Tuesday	24-May-22			EPL Training	
	Wednesday	25-May-22	Team Training			
	Friday	27-May-22			EPL Games	
	Sunday	29-May-22	Strength & Fitness			
Tuesday	31-May-22			EPL Training		
June	Wednesday	1-Jun-22	Team Training			
	Friday	3-Jun-22			EPL Games	
	Sunday	5-Jun-22	Strength & Fitness			
	Tuesday	7-Jun-22			EPL Training	
	Wednesday	8-Jun-22	Team Training			
	Friday	10-Jun-22			EPL Games	
	Sunday	12-Jun-22	Junior Rep Carnival @ Downey Park			
	Tuesday	14-Jun-22			EPL Training	
	Wednesday	15-Jun-22	Team Training			HDNA Rep Team Photos
	Friday	17-Jun-22			EPL Games	
	Sunday	19-Jun-22	Strength & Fitness			
	Tuesday	21-Jun-22			EPL Training	
	Wednesday	22-Jun-22	Team Training			
Friday	24-Jun-22			EPL Games		
July	Friday	1-Jul-22	NQ Junior State Age Championships 2-5 July			
	Tuesday	12-Jul-22			EPL Training	
	Friday	15-Jul-22			EPL Games/15yrs Start	
	Tuesday	19-Jul-22			EPL Training	
	Friday	22-Jul-22			EPL Games	
	Tuesday	26-Jul-22			EPL Training	
	Friday	29-Jul-22			EPL Games	
	Sunday	31-Jul-22	HDNA Rep Presentation Afternoon 1-4pm			
	Tuesday	2-Aug-22			EPL Training	
	Friday	5-Aug-22			EPL Games	
	Tuesday	9-Aug-22			EPL Training	
	Friday	12-Aug-22			EPL Games	